Dear Doctor:

I would like to make you aware of some of my concerns about my father, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I believe his memory is not as sharp as it was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ago. (time, eg 6 months, one year, two years). I have answered yes and no to the following questions.

I am concerned about his memory. YES NO

I feel his memory is getting worse over time. YES NO

He is having trouble remembering names. YES NO

He is having trouble remembering dates. YES NO

He is having trouble remembering appointments.YES NO

He is having trouble finding the correct word. YES NO

He forgets how to use household items. YES NO

He forgets to take her medications. YES NO

-even with reminders YES NO

-even with a pill box YES NO

Sometimes he doesn’t recognize her family. YES NO

**He has difficulty……(**check all that apply)

\_\_\_\_Cooking \_\_\_\_Taking a bath/showering by myself

\_\_\_\_Cleaning \_\_\_\_Managing my checkbook

\_\_\_\_Shopping \_\_\_\_Remembering to take my medication

\_\_\_\_Using appliances

**He still drives YES NO** (if yes, answer the following questions)

He has gotten lost while driving YES NO

He has had an accident in the past two years. YES NO

He has gotten the gas pedal and brake mixed up. YES NO

Sometimes he doesn’t remember how to drive. YES NO

The family does not feel that he should be driving YES NO

We would appreciate your help in this matter. YES NO

**He doesn’t feel act himself** YES NO

He says he feels tired all the time YES NO

He says he feels sad and blue much of the time YES NO

He would rather stay at home now YES NO

**I have the following questions:**

Could this be caused by medication?

Could this be a medical problem?

Will you refer him to a specialist?

If this is a memory problem such as a dementia (Alzheimer’s disease), is there

medication to help his memory?

Would you speak to his about her memory?

I **DO/DO NOT** have Power of Attorney for Health Care. I realize this may limit your ability to speak to me directly. I appreciate your assistance in the care of my father.

Thank you,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name Date